

xxxx Arcadia Ave
San Gabriel, CA 91770

21 October 2014

Judy Chu
527 S. Lake Ave, Suite 106
Pasadena, CA 91101

Dear Congressman Chu,

My name is Yimeng Ma, and I am a student majoring in Clinical Nutrition at the University of California, Davis. I am writing to urge your support of H.R. 4765, the Fit for Life Act of 2014, which is a measure that will create an innovative food distribution project that increases access to healthy foods, expands prevention and treatment options, as well as promoting physical activity for children. This resolution was referred to committee on May 29, 2014, and I hope it is passed onto the Senate and the House soon. Almost one third of all children in the U.S are suffering from the impacts of being overweight and obesity, and this program seeks to address the American childhood obesity epidemic and the quality of lives of low-income children.

This grant, from the Secretary of Education, will be used to support mobile healthy food programs. This will expand access to healthy foods for children. For example, the program will provide free or low-cost delivery of fresh fruit and vegetables and provides for the acquisition of produce trucks to deliver food without charge. The grant will also be used to encourage physical activity. For example, it helps funding for the National Youth Sports Program, as well as open existing facilities in low-income places for community use. The Fit for Life Act of 2014 will amend the Richard B. Russell National School Lunch Act, which provided healthy fruits and vegetables for children and promoted healthy life style choices.

The Fit for Life Act of 2014 will greatly improve healthy and active lifestyles for American children. By increasing physical activity outside of school, and providing healthy meals and snacks, it will help combat the childhood obesity epidemic. This program will be especially helpful for low-income children. With healthy food services and promotion of physical activity, low-income children will have a greater chance for a healthy life, which will correlate to better performance in school.

I would greatly appreciate your support of this important measure. Thank you so much for your time.

Sincerely,

Yimeng Ma
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